

CHRIS BRECKON

CASE MANAGER



Chris has over 35 years of extensive experience in specialist occupational therapy in neurological rehabilitation. With a wealth of experience working with adults in a wide range of mental health and neurorehabilitation settings, with a special focus on Neurorehabilitation. Some of her notable experiences from: Regional Eating Disorder Service at NTW, Specialist Occupational Therapist in the Mental Health Crisis Team/Partial and Manager of Mental Health services.

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www.empoweringu.co.uk

- ✓ HCPC Health Professions Council
- ✓ Royal College of Occupational Therapy
- ✓ BABICM Registered

AREAS COVERED

Berwickshire,
Northumberland,
Dumfries,
Cumbria,
Tyne and Wear,
Durham,
North Yorkshire,
West Yorkshire,
Roxburgh Ettrick and
Lauderdale



KEY ROLES

- ✓ Liaising with the MDT inc. Speech and Language Therapists, Physiotherapists, Social workers, Teachers, Psychotherapists, Clinical Psychologists.
- ✓ Setting appropriate goals and treatment planning consider motor and life skills, personal and domestic care, sensory needs and mental health etc.
- ✓ Completing assessments in patient's homes, identify areas of need, discussing and setting realistic goals with patients and the best course of intervention, implementation and evaluation.
- ✓ Issuing appropriate equipment for discharge
- ✓ Completing assessments with patients on the ward who have acute medical and chronic conditions, at times complex and multiple diagnosis to consider.
- ✓ Attending and contributing to meetings for patient's e.g. MDT, Community Support Teams etc.

Skills

- ✓ Fatigue and Life Management
- ✓ Education and Supervision of Support Teams
- ✓ Cognitive Rehabilitation
- ✓ Complex neurological and physical assessment, treatment and evaluation
- ✓ Community access and routine building
- ✓ Adaptive use of Systemic Family Therapy Interventions
- ✓ Neurological Conditions with co-morbid Mental Health Issues
- ✓ Vocational Rehabilitation
- ✓ Anxiety Management

