



NADIA HUSSAIN

CASE MANAGER
OCCUPATIONAL THERAPIST

Nadia has over **6 years of experience** as an Occupational Therapist. She worked previously at the Priory Hospital where she provided acute and psychiatric intensive care services with patients with mental health needs. Her role involves helping patients identify challenges in everyday tasks and finding practical solutions to enhance their independence and quality of life. Nadia firmly believes in addressing both mental and physical health aspects, utilizing adaptations and equipment modifications to provide holistic care and optimize patients' well-being.

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🖱️ | www.empoweringu.co.uk

🌐 | Speaks Urdu/Punjabi

- ✓ HCPC
- ✓ CMSUK Membership
- ✓ BABICM Registered

📍 AREAS COVERED

Birmingham
Leicester
Nottingham
Derby
Sheffield
Wolverhampton



Skills

- ✓ Clinical Reasoning
- ✓ Discharge Planning
- ✓ Risk Assessment
- ✓ Adaption Support
- ✓ MDT working
- ✓ Spinal Cord Injury

KEY ROLES

- ✓ Liaising with the multi-disciplinary team.
- ✓ Advising on appropriate and required symptom control and management.
- ✓ Identifying potential barriers at the earliest opportunity with the goal of enhancing the individual's journey towards recuperation.
- ✓ Formulate timetables which are reviewed to ensure all clients follow their routines whether daily or weekly to ensure that they are getting the best possible care.
- ✓ Experience in short term care which included ensuring that the patient is accessed correctly, their needs are fully supported for a safe discharge in a short space of time.
- ✓ Finding practical solutions which can include adapting activities, incorporating specialist equipment to enable people to be as independent as possible and lead fulfilling lives.

- ✓ Mental Health
- ✓ Physical (Orthopaedics, Hand Therapy)
- ✓ Mobility Assistance
- ✓ Complex Trauma
- ✓ Psychological Trauma

